April 20, 2020





Pastor Stephen Cagle



How Is It With Your Soul?

Methodism began as a revival movement centered around small groups called "classes." At the class meeting, they would always ask each other the same questions:

- 1.) How is it with your soul?
- 2.) Have you done all the good you could?
- 3.) Have you avoided evil?
- 4.) Have you availed yourself of the means of grace?
- 5.) How can we pray for you?

I always found the first question to be particularly interesting. What does that even mean, "How is it with your soul?" It is a vague question, but it is intentionally vague. Interpretation of how it is with one's soul is left to the person answering. This is just a prompt for someone to talk about whatever is going on in their life and how they feel.

I have been so impressed with our congregation and your ability to adapt to the new circumstances of quarantine. We have pivoted to online-only worship incredibly well. You all have faced this time of crisis with bravery and strength. As we adjust to our "new normal," don't forget that what we are experiencing *isn't normal*. It's okay to think that. It is okay to grieve what we have lost. It's okay to take a step back and ask, "How is it with my soul?"

I want to encourage you all today to keep up the "new normal" for a little while longer. Many of you might be feeling burnt out on all of the extra safety measures we are taking. Isolation makes every situation more difficult. Remember that this is only for a season, and we will get through this. It is more important than ever to reach out and check in on each other's souls. Let us continue to pray for one another. Let us hold strong to the hope that we will soon be together again!

EVERYONE PLEAES NOTE:

This is the KidZone article, however, there is something for everyone in it.

So please, take the time to read it.



To Our Kidzone Kids-

Hi-hope you are all doing okay. This has sure been a different time for all of us. We hope that you had a Happy Easter with your family. You are all in our thoughts and prayers each day.



We will plan a "Great Celebration" when we are able to be together again.

Love and prayers Miss Debbie & Miss Marty



Greetings to you all,
Hopefully



everyone is fairing well during this difficult time. You may have been wondering what is happening or rather not happening with UMW. Circles have been canceled for March and April. The Herbal Affair has been canceled. The Memorial Flower Sales is undetermined at this date but we will keep you informed. Because our circles have not met remember you may send your pledge offering to your circle treasurer.

We are missing one another. What joy and rejoicing when we are together again!

Love and prayers, Becky



"The Prayer Box"

Philip Comer, Sylvia Johnson, Ralph & Roberta Rand, June Brown, Shelley Adams, Lori Halzler, Martha Scudder, Betty & Linda Lund, Wava Burt, Ralph Ward, Bob Hula, Gordonna Fisher, Bill Caldwell, Jim & Vi McAllister, Barbara McClintock, Montie & Betty Box, Bruce Warren, Maureen Gibson, and Last Week's Prayer Chains & Unspoken Requests Thank you for the cards, prayers and kind words received on the death of my mother. They helped to make a sad time a little easier to bear.

Karen Wilder and Family

We offer our Prayers & Sympathy...

... to Bob and Jennifer and James and the rest of the family and friends of Cathy Hula who passed away on the morning of April 18th.

No arrangements are being made as of now.

Let's keep them in our prayers.

Tune In...

Be sure you are tuning in on Facebook live daily for the 12:30 p.m. prayer meeting. It is comforting to gather in whatever way we can.

If you are unable to listen to Stephens daily prayers, stop what you are doing daily and pray at 12:30 p.m.

Pray for our church and pastor (and Ashley!) Pray for our church family and friends; our neighbors and those who are homeless and suffering; For the sick and for those who are in pain today.

Let's pray for our country's leaders and for everyone who is an at-risk worker.

Pray as God leads you to pray and for what He lays on your heart.

Worship is on Facebook, live streaming at 11 a.m. on Sundays and uploaded to YouTube after the service.

Tithes and Offerings

Just a reminder, you can continue to send in your tithes and offerings to the church at *319 N. Main in Sand Springs, OK 74063*. Though the building is closed, we are still ministering and bills are still coming!! You can also give on line by visiting our website—www.sandspringsumc.org

We will be together again soon though not soon enough. And oh, what joy shall fill that day!!!



Sand Springs United Methodist Church Quarantine Schedule Facebook Live-Stream Uploaded to YouTube

12:30pm-Daily Prayer 11:00am-Sunday—Worship

Sand Springs United Methodist Church

319 N. Main Sand Springs, OK 74063

918-245-5955

SSUMC Family Life Center

101 W. 38th Street Sand Springs, OK 74063 www.sandspringsumc.org