# 16 Springs



Rev. Don Tabberer



"Sanctify a fast, call a solemn assembly. Gather the elders and all the inhabitants of the land to the house of the LORD your God, and cry out to the LORD." (Joel 1:14)

Ash Wednesday is February 14<sup>th</sup>. It marks the beginning of

our observance of Lent, a time when many Christians prepare for Easter by observing a period of fasting, repentance, moderation and spiritual discipline. We will begin Lent with a worship service at 6:30pm that will include the imposition of ashes and the sacrament of Holy Communion.

#### Why ashes on Ash Wednesday?

"Ash Wednesday emphasizes two themes: our sinfulness before God and our human mortality. The service focuses on both themes, helping us to realize that both have been triumphed through the death and resurrection of Jesus Christ.

"During some Ash Wednesday services, the minister will lightly rub the sign of the cross with ashes onto the foreheads of worshipers. The use of ashes as a sign of mortality and repentance has a long history in Jewish and Christian worship. Historically, ashes signified purification and sorrow for sins. The ash cross on the forehead is an outward sign of our sorrow and repentance for sins." — Adapted from The United Methodist Book of Worship

Following Ash Wednesday, we will observe a forty-day period of preparation for the solemn observance of Good Friday and the glory of Easter Sunday. Lent officially ends with our commemoration of the Lord's Supper on Maundy Thursday.

There is no one "right" way to participate in the Lenten Season. Different churches offer different opportunities, a variety of worship experiences, and spiritual discipline helps for the congregation. Some suggestions are:

#### Worship

Lent is the perfect time to take stock of your personal worship time. Do you attend every week when you are able? Are you an active participant in the music and prayers of worship? Are you listening for what God is trying to tell you at each worship encounter? Are you planning to attend all the various special services that happen during this season?

#### **Fasting**

One of the more common practices is to give something up for Lent. Some abstain from chocolate, social media, shopping, or something else through the season. This is a religious practice known as fasting. We fast to reorient ourselves away from the distraction of those things, and back toward God.

#### Bible reading

Many do not know where to begin when reading the Bible. The *Upper Room Daily Devotional Guide* and *Alive Now* will help guide you in this pursuit. Each day they provide a scripture passage and wonderfully thought-provoking and spirit-enriching material to read and think about.

#### Praver

In the busyness of our everyday lives, prayer can sometimes get squeezed out. Lent is a wonderful time to intentionally work toward finding more time in your life for prayer. Enriching your prayer life is a great way to spend Lent.

#### Service

Another way to observe a holy Lent is to take on a new way of serving. Throughout the forty days of the season you can adopt a new habit of volunteering in the community, making special financial gifts to service organizations, singing in the choir, or participating in a small group.

#### Rest

An important practice with which many of us struggle is the spiritual discipline of rest or Sabbath. We don't have to rest on Saturday, the traditional Sabbath day, or even Sunday. You can instead find moments during an ordinary day to be still in God's presence. You might spend a few minutes during lunch with a desktop meditation, or read a poem that feeds your spirit.

#### Children

Our children and youth will be involved in a variety of ways during Lent. Kingdom Kids will lead worship the First Sunday in Lent. Our 6<sup>th</sup> graders are preparing for Confirmation. Lent is a time when we should all be learning and encouraging one another along the faith journey. This is particularly true with our youngsters. We need to support and encourage our young confirmands as they learn more about the church and prepare to make their personal profession of faith. We need to nurture our children as they explore how God works in their lives.

This 40-day journey called Lent is a wonderful opportunity to grow in your faith. Find your path of self-reflection and spiritual discovery, and invite others to join you as you seek to observe a holy Lent.

Praying for a holy Lent, Pasto Don



#### Sand Springs Community Services and KIDZONE

The KidZone needs individually wrapped candy. They are assembling Easter baskets for our community kids who otherwise would not get one. They also need Easter basket bags which

can be purchased at Dollar Tree, 2 for a dollar. There will be a box in the narthex to collect the candy and bags. Sunday, February 25th is the last day we will collect them.

Once the baskets are put together, the kids will take a walk up the street to deliver them to Sand Springs Community Services! What great little missionaries!



#### Hey Kids-

We started our lessons on the greatest commandment to "Love the Lord God with all your heart and with all your soul and with all your mind and to love your neighbor as yourself." Each week

we are going to write on our giant heart how we shared the love of Jesus with others. Thanks for the awesome valentines you created for some of our church friends.

Be sure and come next Sunday as we continue to practice for singing on February 18th.

Have a wonderful week!

Miss Debbie and Miss Marty



#### **UMW News**

Belated January Birthday wishes go out to Louise Read, Sharon Schuermann and Jo-Ann Nelson.



February Birthday

wishes go out to Maureen Gibson, Norma Jones, Mary Lea Forsythe, Susan Edwards, Celia Thompson, Cindy Harris and June Shaffer... in no particular order.

Mission To Stitch will meet on February 21 at 1:30pm. Bring Baby yarn and a G hook and learn to make a Hoot owl for babies.

Faith Circle meets February 22 at 6:30pm Ruth Esther Circle meets February 27 at 1:00pm

Priscilla Circle meets February 27 at 7:00pm

Questions... Judy & Cynthia (Co-Presidents)

Please join us for a wedding shower
(come and go)

Tristan Holt and Lauren Wilson

on Saturday, February 24th 2:00-4:00 p.m. in the church narthex.

All are invited.

The couple is registered at Bed, Bath & Beyond, Dillard's, and Amazon. Their wedding colors are navy blue, fuchsia pink, and purples. You can check out their wedding website at: https://theknot.com/us/lauren\_tristan\_wedding2018 also.

#### Sunday Lists

#### Please Keep In Prayer

#### **Sunday Volunteers—February 11**

Visitors Center & Coffee: Harmony

Head Usher-8:30am: Amanda Honeycutt

Head Usher-11:00am: Eddy David Child. Church: 8:30am: Kingdom Kids

Teaching: Jami Warkentin Children's Church: Marty David Counters: Diana Pond & Jack Vest

#### **Sunday Volunteers—February 18**

Visitors Center & Coffee: Harmony

Head Usher-8:30am: Amanda Honeycutt

Head Usher-11:00am: Eddy David Child. Church-8:30am: Kingdom Kids

Teaching: Jami Warkentin Children's Church: Amy Miller

Counters: Betty or Howard Smith & Karen Wilder



Martha Scudder, Linda Tabberer, Charlene Reeves, June Brown, BW Proft, Sue Shaw, Keri Bostwick, Greta Green, Bob & Cathy Hula, Bill & Clare Caldwell, John & Sylvia Johnson, Jewell Brown, Barbara McClintock, Montie Box, Ow-

en Johnston, Albert Kahl's mom & sister in law, Ruth Weaver, Angy Krebs-Warden

If someone needs to be added to the prayer list or someone was taken off too soon, please contact Tracey in the front office so the prayer list can be updated.











#### 2018 Children's Church

2/11-Marty David

2/18-Amy Miller

2/25-Kat Katzung

3/11-Jo Fritts

3/18-Debbie Schmidt

3/25-Susie Honeycutt

#### 2018-Counters

2/11-Diana Pond & Jack Vest

2/18-Betty or Howard Smith & Karen Wilder

2/25-Sondra Allen & Dick Ford

3/4-Bob Barnes & Jami Warkentin

3/11-Janie Moore & Kent Warkentin

3/18-Diana Pond & Jack Vest

2/25-Sondra Allen & Dick Ford

#### **2018 Youth Dinners**

2/7-Faith Circle

2/14-TNT

2/21-Ruth Esther Circle

2/28-Seniors In Action

3/7-Priscilla Circle

3/14-Noah/Searchers

3/21-CIA/Pathfinders

3/28-Faith Circle

#### 2018-Coffee

February-Harmony

March-Discovery

April-TNT

May-CIA/Pathfinders

June-Harmony

July-Discovery

August-TNT

September-CIA/Pathfinders

October-Harmony

November-Discovery

December-TNT



#### **Cathy's Notes**

As each season of the year begins its own unique activities, so does each season of the church year. As

we prepare for Lent, I look forward to Ash Wednesday, the challenge of a personal sacrifice or goal, and the activities of Holy Week. As with Advent, there is the anticipation of a celebration of a great miracle which happened in the Bible. But that celebration can take place each day in our lives as remember the miracles which God has performed in our lives and in those we love. As Christians, we can celebrate Christmas and Easter every day!

This year's cantata focuses on some of the acts of Jesus in which his garments are mentioned, from the healing from the touching of His robe, to the shroud left in the empty tomb. Through this beautiful and moving cantata, we remember Jesus and His journey to the cross. It is not too late to join us for rehearsal on Wednesday's at 7pm if you want to participate.

The Kingdom Kids will be leading worship at the early service on February 18 and singing the offertory during the second service. We are excited to bring you some of our favorites. Children need to be in the sanctuary by 8:30am.

Singing His Praise, Cathy

#### A Note From The Trustees

At their recent meeting, the Board of Trustees discussed maintenance needs of the church and set priorities for two of those needs.

The number one priority is to install a security fence between the Caleb House and the church to provide more security for our young children and workers that use that facility. This will entail moving the storage building behind the church nearer to the sidewalk between the Caleb House and the main building. The cost for this project is yet to be determined.

The second priority is to install handicap accessible ramps from the street to the 4th street entrance, and a ramp with a new sidewalk connecting the current sidewalk at the basement entrance and replacing a strip of very rough sidewalk from the front entrance extending approximately 45 feet toward Main Street. The bid for this project is \$3,045.

**Since our meeting,** a leak was discovered in the roof over the choir room. That repair will cost \$1,925.

Currently there is a \$2,500 left from the repair fund for the recent damage to the Family Life Center. Since this is not enough money to complete all of these needed projects, we are asking you to consider extra-mile giving to help us fund these important projects. Please, do not take away from your regular giving for this; but, if you have a little extra, think about sharing it with the church.





So you think you have the best Chili recipe? Let's see just how good it is! Bring your best slow cooker, pot, whatever you have of chili to the family life center on

## Sunday, February 18th at 5 pm.

It's an annual contest and is always lots of fun. Can't cook chili? Bring a dessert, crackers, cheese...

### Lenten Devotion and Lunch

We need more volunteers for the Lenten Luncheon on Tuesday, February 20th. It has been suggested we serve soup/chili, crackers and cornbread, veggie trays, brownies and fruit. If you would like to help organize this or to



just volunteer to help, call the office and we will get you signed up.

#### We also need food!

Can you bring a soup? Chili? Crackers or cornbread? How about a veggie tray or brownies or some fruit? There will be a sign up sheet in the narthex this Sunday. Be sure to look it over and see where you feel most comfortable helping out!

#### CALENDAR OF EVENTS FOR SAND SPRINGS UMC

Monday, February 5

10:00am-Al-Anon-Upstairs 7:00pm-Boy Scouts-FLC

#### Tuesday, February 6

6:00pm-Cub Scouts-FLC 7:00pm-Praise Team Practice

#### Wednesday, February 7

7:30am-Men's/Women's Breakfast-Crescent Café 4:30pm-\*Kappa Kappa Iota-F. Hall 5:45pm-Y4Y 6:30pm-The Awakening—Youth 7:00pm-Chancel Choir Practice

#### Thursday, February 8

\*7:00pm-Collins Karate-FLC

#### Friday, February 9

UMW Day at the Legislature-OK City

#### Saturday, February 10

No Activities

Sand Springs UMC 319 N. Main Street/PO Box 336 Sand Springs, OK 74063

918-245-5955 Fax-918-245-2801 Family Life Center: 918-245-3725 www.SandSpringsumc.org

#### 2018 Lent Lunch Schedule

February 20

Sand Springs United Methodist Church

Rev. Don Tabberer

February 27 St. Andrew Lutheran Paul Ozbun

March 6 Dillon Chapel at Woodland Memorial Park Jerry Dillon

March 13 First Presbyterian Church Pastor AnnAline Drake

March 20 St. Patrick's Catholic Church Fr. Todd Nance

March 27 St. Matthew's Episcopal Church Fr. Clark Shackelford

#### Sunday, February 11

8:45am-Contemporary Worship 9:45am-Communion Service 10:00am-Sunday School 11:00am-Traditional Worship

#### Monday, February 12

10:00am-Al-Anon-Upstairs 7:00pm-Boy Scouts-Family Life Center

#### Tuesday, February 13

6:00pm-Cub Scouts-FLC 7:00pm-Praise Team

#### Wednesday, February 14-Ash Wednesday

7:30am-Men's Breakfast-Crescent Café 5:45pm-Y4Y 6:30pm-Ash Wednesday Service 6:30pm-Youth-FLC 7:00pm-Chancel Choir

FLC-Family Life Center

\*-Not sponsored by SSUMC but welcome