

The Springs



Rev. Don Tabberer

August 14, 2013



"...do this in remembrance of me." (Luke 22:19)

This newsletter's installment on all things liturgical deals with the Sacrament of Holy Communion. Jesus spoke the words above to all generations of believers when he instituted the sacrament of Holy Communion on the night he was arrested. He took bread and wine, gave thanks, blessed them, and gave them to his disciples with the command that they remember him by repeating this act whenever they gathered. It is a practice that has been repeated in churches small and large, around the world for over two thousand years. It is at the center of who we are as Christians because it commemorates the incredible sacrifice of Christ's passion, death, and resurrection on our behalf. Nothing is more significant to our faith than the events we remember every time we celebrate Holy Communion.

The story is told of a little girl whose parents had taken her forward to receive Holy Communion. Disappointed with the small piece of bread she was given to dip in the cup, the child cried loudly, "I want more! I want more!" While embarrassing to her parents and amusing to the pastor and congregation, this little girl's cry accurately expresses the feelings of many contemporary United Methodist people. We want more! We want more Jesus; we want more grace; we want more spiritual energy. In recent years many United Methodist Churches across the country have begun to reclaim the practice of celebrating weekly Holy Communion. John Wesley preached a sermon entitled, **"The Duty of Constant Communion,"** in which he aims to *"show that it is the duty of every Christian to receive the Lord's Supper as often as he can."* Weekly communion is a reminder of the renewal of your covenant relationship with Jesus and constitutes a powerful experience of the Lord's presence in our midst. Receiving our Lord in the sacrament and taking him into you should be a time of awesome grace and power for each of us. If we prepare ourselves to welcome the Lord we will be rewarded with a sense of peace and mercy unlike any other.

As early as the Emmaus experience on the day of the Resurrection, (Luke 24:13-35) Christians recognized the presence of Jesus Christ in the breaking of the bread. The traditional Jewish practice of taking bread, blessing and thanking God, and breaking and sharing the bread took on new meaning for them. When followers of Christ gathered in Jesus' name, the

breaking of the bread and sharing of the cup was a means of remembering his life, death, and resurrection and of encountering the living Christ. This understanding remains with us today.

The practice of less frequent participation in the sacrament developed in the 18th Century when the number of elders was too small to offer the sacraments regularly to the rapidly increasing number of Methodists. During the decades of the Circuit Rider preachers, most Methodists were able to receive the Lord's Supper quarterly, at best, when the ordained elder came to their community. This is no longer an issue and yet the habit of weekly communion is slow to return to our churches.

In accord with biblical teaching, we believe that we are sinners, constantly in need of divine grace. We believe that God is gracious and loving, always making available the grace we need. Grace is God's love toward us, God's free and undeserved gift. We believe that the sacraments are means of receiving God's grace and that Holy Communion is the only sacrament that can be repeated as often as you wish. (The other sacrament, Baptism is done only once.)

Holy Communion is an act of thanksgiving; joyful praise for all God's mighty acts throughout history. It is an act of fellowship; gathered together we partake of the one loaf and represent the Body of Christ for the whole world to see. It is remembrance; it is a re-presentation of the past that makes God present and alive to us in the present. It is a type of sacrifice; we cannot repeat Christ's sacrifice, but we can "offer ourselves in praise and thanksgiving as a holy and living sacrifice, in union with Christ's offering for us." It is an action of the Holy Spirit; communion is a vehicle of God's grace through the action of the Holy Spirit whose blessing we call upon ourselves and the elements of bread and wine. Finally, Holy Communion is eschatological – that is, it has to do with the end of time and God's purpose for the world. ***"Christ has died; Christ is risen; Christ will come again."***

With all of this in mind, we are going to begin weekly communion on Sunday, August 25th. I ask you to approach the altar with reverence and encounter the Risen Christ with an open mind and heart.

***I pray you want more Jesus,
Pastor Don***



Building For Life

We're asking you to be a part of a new and wonderful experience in the life of the church beginning August 25. For six weeks, we will have one worship service beginning at 10:15. The service will be designed to bring us together for exciting worship including praise songs and hymns we all love to sing, as well as faith sharing from our church members. Personal stories will be shared through video and written paragraphs in both the bulletin and newsletters.

Sunday School classes will begin at 9:00 and all classes are asked to use a study on the Book of Philipians. They will be available this Sunday. We hope you are keeping up with reading through the New Testament, using the 60-day guide that's available in the Church Narthex.

Rick Warren's Building for Life and Spiritual Growth Emphasis is designed to help us mature in our faith as we see the need for building God's Kingdom through SSUMC. As we begin our next giving campaign, let us remember that the Building itself is not what's important to God - it's the ministries that go on in that building. We hope you will be excited with us as we see what wonderful ministries are taking place already, and be open to the opportunities God wants us to have in the future.

You will soon be receiving more material explaining everything in detail. Please be in prayer now!

If we do what we can do, God will do what we can't!

Kay & Virginia

12-HOUR PRAYER VIGIL

Saturday, August 24, 8:00 a.m. - 8:00 p.m.

Can you pray just one hour with me? Jesus asked his disciples to be alert and in prayer for at least one hour while He prayed in the Garden of Gethsemane. We are asking you to sign up to pray for at least 30 minutes or one hour during our Prayer Vigil. As we begin our Building for Life Giving and Spiritual Growth Emphasis, we must be in prayer opening the door for God to do His work through us. We will have the sign-up poster ready before next Sunday, August 18. Please check your calendar for the 24th and see what time works best for you. If more than one person signs up for the same time, we can have both the Prayer Room and the Sanctuary available.

There have been wonderful comments from people who have taken time out of their busy schedules to have a quiet time with God during our Prayer Vigils. Please join us as we pray specifically for our Giving campaign which will be held during the month of September. The task before us offers wonderful opportunities to serve God in even more new and exciting ways. Remember - If we do what we can - God will do the rest! **SOMEONE'S PRAYING, LORD.....Let it be me.** Virginia



\$1 a Day... Is it Helping?

Thank you so much for your "Dollar-A-Day" contributions to Apportionments. It's working! We have now paid \$10,000 this year! That's way ahead of last year. Keep up the good work.

There are envelopes in the pews for your special apportionment contributions. If every church member would pay a bit above and beyond their regular giving - maybe even a "Dollar-A-Day" - we can pay our apportionments. Apportionment money helps so many people in our community, our state and the world.

The Stewardship Team

Seniors In Action



Thomas Moran, *Tower Falls and Sulphur Mountain*, ca. 1875 detail, chromolithograph

Please join us on Wednesday, Aug. 21st, for a visit to the Gilcrease Museum. Our main point of interest will be the temporary exhibit called "Yellowstone and the West: The Chromolithographs of Thomas Moran". Also, the museum will be showing additional Moran works that are not a part of the permanent exhibit.

Please meet at CHURCH at 9:45 a.m. Wednesday, Aug. 21st, for carpooling. After the tour, we'll go to Jason's Deli on Cherry Street for fresh, delicious lunch! Please sign up with Max or Sharon Schuermann at church, or call 918-246-9159.

Thanks! Sharon

Band Booster Bingo Fundraiser



Do you like to play bingo? Do you want to win some fun prizes? Then come out to the FLC on Friday night, August 23, at 7pm. The CPHS Band Boosters will be hosing a bingo

fundraiser night for Gold Pride Band. Come support a good cause and have some fun! We hope to see you there!

The Needlers

11:00 a.m.-every 2nd & 4th Thursday. Anyone interested-bring a sack lunch Thursday, August 22nd with your needlework to the parlor to see what we're all about.

August Calendar

August 25-Sunday School-9 a.m.
August 25-Worship-10:15 a.m.
August 25-Finance Meeting-1:15 p.m.
August 25-Building For Life Kick Off-6 p.m.

August 26-Exercise to Music-FLC-10 a.m.
August 26-Boy Scouts-FLC-7 p.m.

August 27-Youth Volunteer Set Up-FLC-6 p.m.
August 27-Priscilla Circle-Kay Woodward's home- 7 pm
August 27-Praise Team Practice-7 p.m.
August 27-Al-Anon-Upstairs-7 p.m.

August 28-Men's Breakfast-Crescent Café-7:30 a.m.
August 28-Exercise to Music-FLC-10 a.m.
August 28-Chancel Ringers-6 p.m.
August 28-Youth-FLC-6:30 p.m.
August 28-Chancel Choir-7 p.m.

August 29-Faith Circle-Parlor-7 p.m.

August 31-FLC in use

September Calendar

September 1-Sunday School-9 a.m.
September 1-Worship-10:15 a.m.

September 2-Offices Closed
September 2-Exercise to Music-FLC-10 a.m.
September 2-Boy Scouts-FLC-7 p.m.

September 3-6-No Tracey
September 3-Youth Parent Mtg.-C. House-7 p.m.
September 3-FLC in use-6:30 p.m.
September 3-Praise Team Practice-7 p.m.
September 3-Al-Anon-Upstairs-7 p.m.

September 4-M/W Breakfast-Crescent Café-7:30 a.m.
September 4-Exercise to Music-FLC-10 a.m.
September 4-Youth to Greentree-5:30 p.m.
September 4-Chancel Ringers-6 p.m.
September 4-Chancel Choir-7 p.m.

September 5-CPHS Football Dinner-FLC 4 p.m.
September 7-Jeremy & Jennifer Ashton Baby Shower-Narthex-10 a.m.

Sunday Lists

Sunday Volunteers August 18

Visitors Center & Coffee-Harmony
 Head Usher-8:30 a.m.-Frank Johnston
 Head Usher-11:00 a.m.-Eddy David
 Young Disciples Lesson-8:30 a.m.-Jami Warkentin
 Young Disciples Lesson-11:00 a.m.-Jami Warkentin
 Child. Church-8:30 a.m.-Kingdom Kids
 Child. Church-11:00 a.m.-Amy & Lauren Miller
 Counters-Sheree Buttler & Jami Warkentin

Sunday Volunteers August 25

Visitors Center & Coffee-Harmony
 Head Usher-8:30 a.m.-Frank Johnston
 Head Usher-11:00 a.m.-Eddy David
 Young Disciples Lesson-8:30 a.m.-Marty David
 Young Disciples Lesson-11:00 a.m.-Marty David
 Children's Church-8:30 a.m.-Kingdom Kids
 Child. Church-11 a.m.-Marty David & Amy Miller
 Counters-Janie Moore & Kent Warkentin

Please Keep In Prayer

PRAYER LIST

Ruth Weaver, Donna Woodruff, Keith Dickerson, Destinee Tackett, Mike & Robbie, Sylvia Johnson, Clinton Wilson, Phil Cearley, Glen Almy, Martha Scudder, Virginia Vice, Margaret Pyeatt, Theresa Rosales, Mary Lea Forsythe, Marilyn Peil, Elsie Jones

Acknowledgements

Baby Shower

Baby Addilynn Paige Ashton is due September 28, 2013.

Carole Ashton and Family invite you to a Baby Shower for Jeremy & Jennifer Ashton

Saturday, September 7 ~ 10:00 a.m. ~ Church Narthex

They are registered at Babies R Us and Wal Mart.

Their Colors are pink, white, and black.

Thank You!

I would like to thank my church family for their prayers & concerns for my grandson, Derek and his dog that was shot. Also my great granddaughter during her hospital stay. Kinsley is doing great and all is well for the family. Thank God for you all!

Linda Garrison & Family

Crumbs From The Cracker

News:

the Awakening Vision:

"To Stretch the Churched and to Redeem the un-Churched all to Glorify God"

Welcome Back Fun Night!

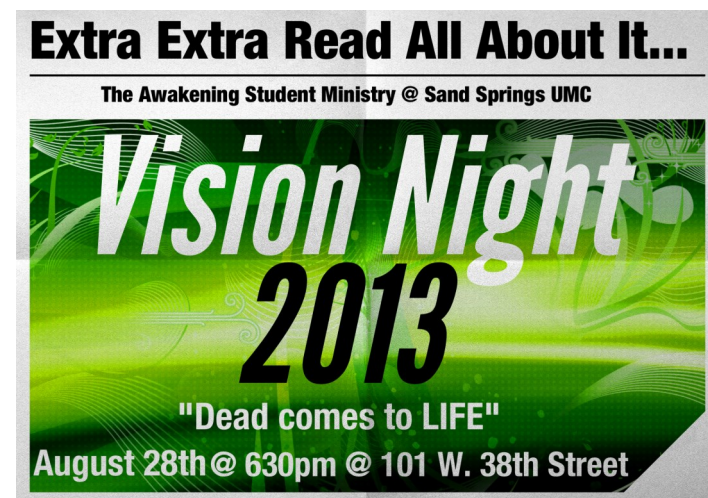
On **August 21st** we will be having a "**Welcome Back**" **fun night!** During this week most of our students will be starting school so we thought we would kick off the start of the year with a **night of fun at youth!** Students bring friends! It's going to be awesome!!! **Meet at the FLC @ 6:30pm.** We are going to play two new games: "**Wad War**" & "**Capture The Tiki.**" You will want wear clothes that can get wet and dark colored shirts. It is going to be **EPIC!**

Nation ball Tournament:

On **August 24th** we will be having a ball with a "**Nation Ball**" tournament. We will join **Faith UMC** to raise **money to help support 2** of the local ministry's that we served this year in **Cincinnati, OH.** We are **going to need as many students and parents to help** with this event as possible. **Please contact me if you are able to help. Thanks!**

Youth Vision Night 2013!

Are you a student **7th-12th** grade? You don't want to miss our **youth VISION night 2013!** Come join us **August 28th @ 6:30pm @ the Family Life Center!**



Parent Info Night:

Are you a Parent or Guardian of one of our students 7th- 12th grade who attend Sand Springs United Methodist Church? **We want you for 1.5 hours** to share the **exciting things that we have planned** for your student **this coming fall and into the spring!** Please make every effort to attend on **September 3rd @ 7pm in the Caleb House.**

Upcoming Dates:

August 14th- Youth Go to Faith to plan Fundraiser for Awaken The City Nation Ball Tournament!

August 21st- Welcome Back!!! Fun Night!!! @ 6:30pm

August 24th- Nation Ball Tournament @ Faith UMC
Time & Details to come soon!

(Going to need some Parents To help with Rides Please)

August 27th- Parent & Volunteer Vision Night Decorate Prep 630pm-830pm (Or as soon as it is done)

August 28th- Youth Vision Night!!! @ 6:30pm

Kidzone

Hey Kids! Please make every effort to attend Sunday School the rest of the Summer and during the School Year. We have lots of exciting things planned.



Don't forget, On August 25th, Sunday School will start at 9 a.m. Worship will be at 10:15 a.m. This will continue through September 29.

Invite your friends, invite your neighbors and join us Sunday. Don't forget to bring your bibles with you!

See you Sunday-
The Children's Team

MARK YOUR CALENDAR

FLC-Family Life Center

Wednesday, August 14

7:30 a.m.-Men's Breakfast—Crescent Café
10:00 a.m.-Exercise to Music
6:30 p.m.-Youth-FLC
6:00 p.m.-No Chancel Ringers
7:00 p.m.-No Chancel Choir

Thursday, August 15

No Activities

Friday, August 16

No Activities

Saturday, August 17

2:00 p.m.-Youth Volunteer Vision Meeting-Caleb House

Sunday, August 18

8:30 a.m.-Modern Worship
10:00 a.m.-Sunday School
11:00 a.m.-Classic Worship
2:30 p.m.-Council On Ministries
4:00 p.m.-Church Council

Monday, August 19

10:00 a.m.-Exercise to Music-FLC
10:00 a.m.-Visual Disability Support Group-F. Hall

7:00 p.m.-Centennial Meeting-Parlor

7:00 p.m.-Boy Scouts-FLC

Tuesday, August 20

7:00 p.m.-Praise Team
7:00 p.m.-Al-Anon-Upstairs

Wednesday, August 21

7:30 a.m.-Men's/Women's Breakfast-Crescent Café
10:00 a.m.-Exercise to Music-FLC
10:00 a.m.-SIA to Gilcrease Museum
6:30 p.m.-Youth Welcome Back!-FLC
6:00 p.m.-Chancel Ringers
7:00 p.m.-Chancel Choir

Thursday, August 22

11:00 a.m.-Needlers

Friday, August 23

No Activities

Saturday, August 24

8:00 a.m.-Prayer Vigil

Sand Springs UMC

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Family Life Center: 918-245-3725

www.SandSpringsumc.org

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